

4AF-01PO



Kentucky 4-H **HORSE** Achievement Program

Level 1.

University of Kentucky • College of Agriculture • Cooperative Extension Service
Agriculture • Home Economics • 4-H • Development



You are about to start an exciting new 4-H program.

Welcome to Level 1 of your 4-H Horse Achievement Program. Please check with your leader before you begin to work on this project. Your leader will discuss the project with you and help you plan how to begin. Your leader has a copy of the Leaders' Guide which gives more information.

The 4-H Horse Achievement Program has 4 different levels. Each one has a separate workbook, an achievement test and a certificate to go with it. You need to complete Level 1 before you go on to Level 2, no matter how old you are.

You do not need to own a horse to be a part of the 4-H Achievement Program. Your 4-H leader will help you find access to a horse you can ride as part of this project.

In the 4-H Achievement Program you will have some "hands-on" experience of riding and caring for horses. You will also talk with veterinarians and horse trainers, visit places where horses are raised and read about horses.

You can take as long or as short a time as you want to complete this workbook. Many 4-H'ers will work on this project for more than one year.

To start, please glance through the whole book. You may want to work on several parts of this project at the same time.

For example, section 1 asks you to record when you ride and work with horses every month.

While you are busy completing part of section 1 every month, you may visit a horse farm or read a horse book.

And you may begin practicing different skills when you ride.

When you have finished this whole workbook and have passed the test, you will be an official "Greenhorn." Then you can move on to Level 2.



4-H Horse Achievement Program

Dr. Craig H. Wood

Level 1.

SECTION 1.— 4-H EXPERIENCE

A. Horse Events Participation

1. Riding Record - Report the number of hours you spent riding.

Month	Type of Riding	Number of Hours
January		
February		
March		
April		
May		
June		
July		
August		
September		
October		
November		
December		

2. List the type and date of at least **3** horse shows, judging contests and/or trail rides you participated in (any level).

Date	Event

3. List the type and date of at least 5 clinics, tours and/or demonstrations you attended (any level).

Date	Event

4. List the names and dates you: (must do at least 3 of the items below)

a. Read a horse magazine _____

b. Viewed a film or slide set on horse care _____

c. Viewed a movie about a horse _____

d. Visited a horse farm _____

2. Write the 4-H Motto. _____

B. Club Participation

1. List dates and locations of at least five 4-H club meetings you attended.

Date	Club Name	Location

3. List the date you attended a speech, demonstration, clinic or workshop given by another 4-H member.

Date and title of presentation: _____

Name of member presenting: _____

4. List the date you helped with a 4-H club community service project.

SECTION 2.—HORSE KNOWLEDGE

A. Riding Skills

1. Describe how to cue a horse to stop. _____

2. Describe what leg aids are. _____

3. Describe how to make a horse trot. _____

4. Discuss how a rider should dress to help ride safely. _____

5. Name 4 breeds of horses common to Kentucky.

a. _____

b. _____

c. _____

d. _____

6. Individual Test (Member must complete the prescribed tests under the leader's direction. Other tests may be added).

Test	Date	Signature of Leader
Mount		
Dismount		
Trot a figure 8		
Stop from a trot		
Others: (designated by leader)		

B. Management Skills

1. Observe a veterinarian give a horse a shot. Explain why and how the shot was given. _____

2. Write down the dates your horse's hooves were trimmed or shod for 1 year.

Date	Type of Care

3. Explain how to safely lead a horse. _____

4. How old should a foal be before it is weaned? _____

5. Why should a hot horse be "cooled down" before watering? _____

6. List 3 types of building materials used for horse fencing.

- a. _____
- b. _____
- c. _____

7. List 3 kinds of hays that can be fed to horses.

- a. _____
- b. _____
- c. _____

8. Go to a feed store and get information on 2 different horse feeds and fill in the blanks below.

Name of Feed	Cost Per 100 lb.	% Protein	Date

9. Find some moldy hay or feed and explain why you don't want to feed it to a horse. _____

10. Define the following:

Filly _____

Stallion _____

Mare _____

Gelding _____

11. Individual Test (Member must complete prescribed tests under a leader's direction. Additional tests may be added).

Test	Date	Signature of Leader
Catch & halter		
Pick up feet		
Tie-up		
Feed		
Groom		
Others: (designated by leader)		

SECTION 3.— IDENTIFICATION AND EVALUATION SKILLS

1. Go visit a farm and identify four (4) colors of horses.

Color	Date	Signature of Leader

2. Trace or draw a picture of a horse's head and show the markings for a snip, blaze and star.

3. Trace or draw a picture of the following leg markings: stocking, sock and pastern.

4. Trace or draw a picture of a horse and label at least 20 parts.

Kentucky 4-H **HORSE**

Achievement Program

CERTIFICATE

This is to certify that

has successfully completed Level 1 of the
4-H Horse Achievement Program by quiz
and practical demonstration and
has earned the title of

GREEN HORN

on the _____ day of the _____ month of _____

4-H Project Leader

Date

4-H County Agent

Date

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