



Junior Units

Suggested Skills and Techniques to Learn

Use this chart to map out your progress. As you complete a project, check the skills used for each project.

NAME: _____

Technique/skill	Junior Units				
	Let's Learn to Sew	Let's Get to the Bottom	Top It Off	Stretch Your Knit Skills	Put It All Together
<i>Selection of fabric</i>					
Firmly woven					
Stable knit					
Moderate stretch knit					
Specialty knit, i.e., fleece or two-way stretch					
Stretch woven					
Plaid/matched design					
<i>Sewing machine parts and use</i>					
<i>Serger parts and use</i>					
<i>Seams and seam finishes</i>					
Plain seam with zigzag edge finish					
Plain seam with serged edge finish					
Serged seam					
Double-stitched finish					
Other: specify					
<i>Fasteners</i>					
Hook and eye					
Snap					
Buttons and buttonholes					
<i>Zippers</i>					
Centered					
Lapped					
Fly					
Invisible					
Separating					

Technique/skill	Junior Units				
	Let's Learn to Sew	Let's Get to the Bottom	Top It Off	Stretch Your Knit Skills	Put It All Together
Facings					
Interfacing					
Understitching					
Grading					
Clipping/notching					
Casing					
Waistband					
Waistline stay					
Darts					
Enclosed seams					
Grading/layer					
Sleeves					
Set-in shirt					
Regulation set-in					
Raglan					
Collar					
Simple lining					
Topstitching					
Hems					
Machine stitched					
Hand stitched					
Elasticized edges					
Rib knit trim					
Neckline					
Cuffs					
Hem					
Plackets					
Sleeve					
Neckline					
Pockets					
Inseam					
Patch					
Trims					
Rotary Cutting					
Other—List below:					