

Senior Units Suggested Skills and Techniques to Learn



Use this chart to map out your progress. As you complete a project, check the skills used for each project.
 When selecting a new project, be sure to include *at least three new skills*.

Technique/Skill	Senior Level I				Senior Level II			
	Let's be Casual	Dress It Up	Match It Up	Creative Expression	Leisure Time	Formal Affair	Tailor Made	Wearable Art
<i>Selection of pattern/fabric</i>								
Napped fabric/one-way directional design								
Plaids or stripes								
Specialty knits								
Rainwear or microfibers								
Sheer								
Slippery/shiney								
Leather /leather like								
Other: specify								
<i>Pattern alterations</i>								
<i>Machine sewing</i>								
Basting								
Topstitching								
Zigzag								
Decorative								
<i>Seams/seam finishes</i>								
French or mock French								
Binding (Hong Kong or other)								
Turned and stitched								
Serged								

Technique/Skill	Senior Level I				Senior Level II			
	Let's be Casual	Dress It Up	Match It Up	Creative Expression	Leisure Time	Formal Affair	Tailor Made	Wearable Art
Seams/seam finishes Other: Specify								
Casing with elastic/drawstring								
Elasticized edges (waist, cuffs, armholes)								
Facings Grading/clipping								
Understitching								
Waistband								
Interfacing								
Zipper Centered								
Lapped								
Fly								
Invisible								
Separating								
Shaping techniques Simple dart								
Double-pointed dart								
Princess seam								
Shaping techniques Pleats/tucks								
Gathers								
Collar Flat								
Shirt collar with stand								
Collar Stand up								
Notched lapel								
Rolled								
Other: specify								

Technique/Skill	Senior Level I				Senior Level II			
	Let's be Casual	Dress It Up	Match It Up	Creative Expression	Leisure Time	Formal Affair	Tailor Made	Wearable Art
Sleeves								
Raglan								
Set-in shirt style								
Regulation set-in								
Kimono								
Buttons								
Buttonholes								
Machine worked								
Bound								
Hand worked								
Other closures								
Hook and eye								
Hook with thread eye/loop								
Snap								
Button with fabric or thread loop								
Lining								
Underlining								
Cuffs								
Plackets								
Neckline								
Plackets								
Sleeve								
Pockets								
Patch								
In seam								
Welt/bound								

Technique/Skill	Senior Level I				Senior Level II			
	Let's be Casual	Dress It Up	Match It Up	Creative Expression	Leisure Time	Formal Affair	Tailor Made	Wearable Art
Hems								
Hand blind stitch/slip stitch								
Hand catchstitch								
Machine rolled								
Narrow rolled-serger								
Other: specify								
Embellishment								
Appliqué								
Beadwork								
Dyeing								
Painting								
Embroidery								
Quilting								
Other: specify								
Computer Aided Design (CAD)								