

Vegetable Cultivars for Kentucky Gardens—2013

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Gardening makes sense! Growing your own vegetables makes you feel self-sufficient and provides fresh, healthful food. Your surplus crop can be frozen, canned, or stored in cool, dry locations.

To assure gardening success, start by selecting suitable vegetable cultivars. Planting resistant or tolerant varieties is one of the most effective ways for the home gardener to avoid destructive vegetable diseases.

Resistance to Disease

Resistance generally refers to the plant's ability to grow in an environment favorable for disease development yet experience less disease. Resistant or tolerant varieties are not immune to disease.

Tolerance refers to the plant's ability to sustain the effects of disease without suffering serious loss. Many cultivars listed here carry resistance or tolerance to one

or more diseases. Many, but not all, of these diseases occur in Kentucky. Commercial seed catalogs generally provide information on resistance and tolerance; this information is included in the table of recommended vegetable cultivars in this publication. Be aware that disease resistance may be ineffective where local, unique strains of pathogens occur.

Today's gardener may choose vegetable cultivars with good taste, long harvest time, unique shape, and other desirable horticultural characteristics in addition to disease resistance.

University of Kentucky horticulturists test vegetable cultivars every year, and many of the varieties listed below were tested by UK and were found to produce high yields and high-quality produce. The vegetable cultivars listed in this publication are good ones, but they are not the only reliable ones.

Other interesting vegetables to try for variety:

Parsnips, peanuts (use Spanish and Valencia types—90 to 120 days maturity—rather than Virginia type), rutabagas. Annual herbs that are great for cooking: sweet basil, chervil (French parsley), dill (use leaves as well as seeds), sweet marjoram, parsley, summer savory, cilantro (Delfino).

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Lexington, KY 40504
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fax: (270) 472-3400
www.Ferry-Morse.com

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www.gardensalive.com

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(510) 595-1188
www.seeds@kitzawaseeds.com

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Dashu District
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www.knownyou.com

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Fort Lauderdale, FL 33307-3007
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Randolph, WI 53956
(800) 342-9461
www.rhshumway.com

Ronninger Potato Farm LLC
12101 2135 Rd.
Austin, CO 81410
www.potatogarden.com

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FAX: (419) 337-5491
(800) 700-1199 (vegetable orders)
www.ruppseeds.com

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Decorah, IA 52101
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www.seedsavers.org

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www.totallytomato.com

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www.willhiteseed.com

Recommended Vegetable Cultivars

Cultivar	Days to Maturity*	Resistance or Tolerance to Disease
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ARUGULA

Astro		
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ASPARAGUS

Jersey King	2-3 yrs	R
Jersey Knight	2-3 yrs	R
Jersey Giant	2-3 yrs	R
Jersey Prince	2-3 yrs	R
Jersey Supreme	2-3 yrs	R

BEAN, GREEN

Romano Bush	50	BCM, VI
State Half Runner	52	
Bronco	53	BCM
Goldkist (yellow wax bean, bush type)	55	
Dragon's Tongue (bush)	57	
Blue Lake Bush 274	58	BCM, VI
Romano II (bush Romano type)	59	BCM, R
Maxibel (long, thin French bean/bush type)	60	
Volunteer (half runner)	60	BCM, R
Kentucky Blue (pole type)	60-65	BCM

BEAN, LIMA

Henderson Bush (bush, baby lima)	65	
Dixie Butterpea White (bush, baby lima)	75	
Fordhook 242 (bush, large-seeded lima)	78	
King of the Garden (pole, large-seeded lima)	90	

BEAN, EDIBLE SOYBEAN, EDAMAME

Envy	75	
Butterbeans (fresh use)	90	

BEET

Ruby Queen	52	
Red Ace	53	CE
Kestral	53	
Cylindra (elongated)	54	
Merlin	55	
Chiogga Guardsmark	60	
Touchstone Gold	60	

BROCCOLI—Fall Crop

Emperor	60	BR, DM, HS
Pinnacle	64	DM
Diplomat	67	
Green Belt	70	

BROCCOLI—Spring Crop

Emperor	60	BR, DM, HS
Green Magic	60	DM
Bellstar	66	
Marathon	68	
Romanesco	75 – 100	

BRUSSELS SPROUTS

Jade Cross Hybrid (hybrid)	80	
Dimitri	105	YR

Recommended Vegetable Cultivars

Cultivar	Days to Maturity*	Resistance or Tolerance to Disease
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CABBAGE

Heads Up	60	YR
Farao (early)	64	
Caraflex (pointed mini)	68	
Dynamo (small head)	70	YR
Famosa (Savoy)	75	
Blue Vantage	75	BR, YR, TB
King Cole (6-8 lb head)	78	YR
Bronco	78	BR, YR, TB
Super Red 80	82	
Ramada	83	YR, TB
Bravo	85	BR, YR

CABBAGE, CHINESE—Fall Crop

Bilko	54	CR, YR, BSR
Blues	57	DM, VI, BSR, B
China Pride (Napa type)	65	DM, TB, BSR, B

CABBAGE, CHINESE—Spring Crop

Black Summer (pak-choi)	45	
Joi-Choi (pak-choi type)	47	
China Pride (Napa type)	65	DM, TB, BSR, B
Jade Pagoda (Michihili type)	72	

CANTALOUPE, MUSKMELON

Angel (Mediterranean type, white flesh)	60	F
Superstar	66	F
Napoli (small Tuscan)	70-75	F, PM, VI
Lambkin (Christmas melon, white flesh)	75	
Minerva	77	F, F1, F2, PM
Athena	78	F, PM
Amy (Canary type, white flesh)	80	
Super 45 (western type)	80	PM
Eclipse	85	F2, PM
Pixie (Palm)	86	PM
Venus (honeydew type)	88	DM, PM
Aphrodite	80	PM, F1, F2
Wrangler (small Tuscan)	80-85	F0, F1, F2, PM

CARROT

Yaya	56	
Laguna	65	
Sugarsnax	68	
Bolero (fall)	73	
Purple Haze	73	

*Unless otherwise noted.

Disease Resistance or Tolerance

- B** resists premature bolting
- BCM** bean common mosaic virus
- BR** black rot
- BSR** bacterial soft rot
- CE** cereospora
- CR** clubroot
- DM** downy mildew

- F** fusarium wilt
- F0** fusarium race 0
- F1** fusarium race 1
- F2** fusarium race 2
- HS** hollow stem
- PM** powdery mildew
- R** rust
- TB** tip burn
- VI** viruses
- YR** fusarium yellows

Recommended Vegetable Cultivars		
Cultivar	Days to Maturity*	Resistance or Tolerance to Disease

CAULIFLOWER—*Spring Crop—Success is difficult, crop usually fails.*

Snow Crown	68	
Candid Charm	75	

CAULIFLOWER—*Fall Crop—Success more likely in fall.*

Cheddar (orange)	58	
Violet Queen (purple)	65	
Majestic	66	BR, DM
Snow Crown	68	
Candid Charm	75	
Veronica (Romanesco)	78	

COLLARD GREENS

Champion	60	
Georgia/Southern	80	
Vates	80	B

CORN, SWEET YELLOW—*High Sugar Varieties*

Vision (sh2)	75	R, SCLB
Synergy (se)	76	R, SW, NCLB
Honey Select (sh2, se)	79	SW
Miracle (se)	82	NCLB, R, SW
Incredible (se)	85	NCLB, R, SW

About high-sugar varieties of sweet corn:

There are a number of types of high-sugar varieties of sweet corn. Supersweet (sh2) varieties have the highest sugar content, have crisp kernels, and require isolation (500 ft.) from normal-sugar (su), sugar-enhanced (se), field corn, and popcorn varieties. The sugar-enhanced varieties have tender kernels and higher sugar content than the normal-sugar varieties. They should be isolated from field corn and popcorn, and they taste a little better if they're isolated from normal sweet corn. Synergistic hybrid types are mixtures of two or all three of the sh2, se or su genes in order to incorporate the best qualities of these gene types. Synergistic hybrids include the Sweet Gene, Sweet Generation, Triple-Sweet and Sweet Breed trademark designations. Synergistic hybrids should be isolated from super sweet and field corn varieties. Isolation may be accomplished by a separation of 14 days or more in maturity dates as well as geographic separation.

Currently, these high-sugar corn varieties (se, sh2, synergistic) have both advantages and disadvantages. Advantages include improved ear and kernel quality, high sugar content, sweet flavor, and the capacity to hold sweetness longer on the stalk and in storage. Disadvantages include poor seed germination, pollination problems, less resistance to drought stress and in some cases increased disease susceptibility.

Recommended Vegetable Cultivars		
Cultivar	Days to Maturity*	Resistance or Tolerance to Disease

CORN, SWEET BICOLOR—*High Sugar Varieties*

Ambrosia	75	SW
Awesome (sh2)	76	SCLB
Obsession (sh2)	79	NCLB, R, SW
Peaches & Cream	83	SCLB, NCLB

CORN, SWEET WHITE—*High Sugar Varieties*

Sweet Ice (sweet breed)	74	Sm, SW
Silver Princess (se)	75	NCLB, SW, R
Gourmet Brand 378A (sh2)	78	NCLB, SCLB, SW, R
Silver King	82	NCLB, SW, R
Avalon (Triple Sweet)	84	
Argent (se)	86	NCLB, R, SW
Celestial (synergistic)	87	NCLB, R

CORN, SWEET YELLOW—*Normal Sugar Varieties*

Golden Queen	92	NCLB
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CORN, SWEET WHITE—*Normal Sugar Varieties*

Silver Queen	95	SW, NCLB, SCLB
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CUCUMBER—*Slicing Type*

Olympian	52	A, ALS, CMV, DM, PM, S
Tasty Green Hyb (10-in long fruit)	52	PM, DM
Sweet Success Hyb	55	CMV, S
Sweet Burpless Hyb	55	DM, PM, CMV, A, ALS, S
Amiga (Beit Alpha)	55	PRV, CMV, DM, PM, ZYMV
Dasher II	58	A, ALS, CMV, DM, PM, S
Diva	58	DM, PM, S
Indy	59	A, ALS, CMV, PM, WMV, ZYMV, S
Cobra	60	A, ALS, CMV, PM, PRV, WMV, ZYMV, S
General Lee	66	CMV, DM, PM, S
Turbo	67	A, ALS, CMV, DM, PM, S

CUCUMBER—*Pickling Type*

H-19 Little Leaf	52	A, ALS, BW, DM, CMV, PM, S
Calypso Hyb	56	A, ALS, CMV, DM, PM, S

*Unless otherwise noted.

Disease Resistance or Tolerance

A	anthracnose
ALS	angular leaf spot
B	resists premature bolting
BR	black rot
BW	bacterial wilt
CMV	cucumber mosaic virus
DM	downy mildew

NCLB	northern corn leaf blight
PM	powdery mildew
PRV	papaya ringspot virus
R	rust
S	scab
SCLB	southern corn leaf blight
Sm	smut
SW	Stewart's wilt
WMV	watermelon mosaic virus
ZYMV	zucchini yellow mosaic virus

Recommended Vegetable Cultivars

Cultivar	Days to Maturity*	Resistance or Tolerance to Disease
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EGGPLANT

Hansel (mini eggplant)	55	
Gretel (mini eggplant)	55	
Dariu (Japanese type)	60	
Epic (hybrid)	64	
Fairy Tale (mini eggplant)	65	
Night Shadow	68	
Nubia (purple & white variegated)	68	
Classic	76	
Ghostbuster (white type)	80	
Santana	80	

ENDIVE

Frisse	35	
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GARLIC

Music (hardneck)		
Bogatyr (hardneck)		
Polish (softneck)		

KALE

Lacinato (Dinosaur)	30-60	
Blue Knight Hyb	45-55	
Red Russian (salad type)	50	
Vates	55	
Siberian	60	
White Russian (salad type)	60	
Redbor	65	

KOHLRABI

Winner	45	
Kolibri (purple)	45	
Grand Duke	50	BR

LEEKS

Lancelot	95	
Tadorna (fall)	100	

LETTUCE—Leaf Type

Grand Rapids	43	TB, B
Black-Seeded Simpson	45	
Red Sails (red)	45	B
Salad Bowl	48	B
Royal Oak Leaf	48-50	B, H
Green Star	53	B, H

LETTUCE—Butterhead Type

Rex (hydroponic)	50	DM
Amish Dear Tongue	50	
Nancy	52	
Buttercrunch	75	TB, B

LETTUCE—Romaine Type

Green Towers	60	
Coastal Star	56	CR

LETTUCE—Summer Crisp

Navada (heat tolerant)	45	H
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Recommended Vegetable Cultivars

Cultivar	Days to Maturity*	Resistance or Tolerance to Disease
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MUSTARD

Green Wave	21-45	
Golden Frills	21-45	
Florida Broadleaf	50	

OKRA

Annie Oakley II (hybrid)	48	
Clemson Spineless	56	

ONION

Copra (storage)	90	
Red Candy Apple	95	
Siera Blanca	100	PR
Candy	100	
Burgermeister (large red)	110	
Red Bull (red)	114	
Sweet Sandwich	115	
Parade (bunching)	120	
Evergreen White Bunching	120	

PARSNIP

Jarelin	110	
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PEA, ENGLISH

Mr. Big	58	PM, F
Maestro	60	PM, V
Green Arrow	68	PM, V, F
Oregon Trail	69	PM, F
Bolero	69	F

PEA, SNAP

Sugar Ann (dwarf)	55	F, PM
Cascadia (dwarf)	58	PM, V
Super Sugar Snap (vine, needs trellis)	64	PM, V
Sugar Snap (vine, needs trellis)	70	F
Sugar Daddy (dwarf)	72	PM, V

PEA, SNOW

Oregon Sugar Pod II	68	PM, F, V
Oregon Giant	69	PM, F

PEA, SOUTHERN

Zipper Queen	66	
Mississippi Purple	68	
Crimson (Arkansas pea)	75	

*Unless otherwise noted.

Disease Resistance or Tolerance

B	resists premature bolting
BR	black rot
CR	clubroot
DM	downy mildew

F	fusarium wilt
H	heat tolerant
PM	powdery mildew
PR	pink root
TB	tip burn
V	verticillium wilt

Recommended Vegetable Cultivars

Cultivar	Days to Maturity*	Resistance or Tolerance to Disease
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PEPPER—Bell (all are F1 hybrids)

Red Knight (recommended for mature red production)	65-70	BLS
Aristotle	70	BLS, PVY
Alliance	74	BLS, PVY

PEPPER—Colored/Specialty Bell

Islander (purple)	56-81	TMV
Orange Blaze (orange)	65-70	BLS
Early Sunstation (yellow)	70	BLS
Valencia, (blocky, dark orange)	70	TMV
Blushing Beauty	72	TMV, BLS
Giant Marconi (good for roasting)	72	PVY, TMV
Oriole (light orange)	74	
Purple Beauty (dark purple to red)	74	
Mandarin (large, elongated, dark orange)	76	

PEPPER—Jalapeño (all are F1 hybrids)

Mitla	62	
El Jefe	67	
Ixtapa	70	BLS

PEPPER—Banana and Wax Type

Sante Fe Grande (very hot)	65	
Banana Supreme (hybrid)	65-70	
Hot Spot	65-70	BLS
Hungarian Yellow Wax	65-70	
Hungarian Hot Wax	66	

PEPPER—Italian/Cubanelle

Aruba	65	
Corno di Toro	70-75	

PEPPER—Poblano/Ancho

Don Emilio	81	
Tiburón	85	

PEPPER—Anaheim

Numex	70	
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PEPPER—Serrano

Hot Rod	57	
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PEPPER—Other

Mariachi (small chili, variable hotness)	66	TMV
Sweet Diablo	70	TMV
Carmen (bull horn type, sweet)	75	TMV, PVY
Jimmy Nardellos	75	
Large Red Cherry Hot	77	
Large Sweet Cherry	78	
Holy Molé (pasilla type, hot)	85	
Medium Orange Habanero (extremely hot)	100	

Recommended Vegetable Cultivars

Cultivar	Days to Maturity*	Resistance or Tolerance to Disease
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POTATO, IRISH—Russet

Norgold Russet	midseason	S
Norkota (russet)	midseason	

POTATO, IRISH—White

Superior	early season	S
Kennebec	midseason	LB, TMV

POTATO, IRISH—Red

Dark Red Norland	early season	
Red Gold	early season	
Adirondack Red	early-midseason	
Red Pontiac	midseason	

POTATO, IRISH—Yellow

Yukon Gold	midseason	MR
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PUMPKIN—Up to 1 lb

Hooligan (mottled orange)	90	
Baby Boo (white miniature ornamental, 5 oz)	95	
Wee-B-Little (orange ornamental, 0.5 lb, bush)	95	

PUMPKIN—1-5 lb

Chucky (2-3 lb, pie)	85	
Spooktacular (hybrid, 3-4 lb)	95	
Touch of Autumn (3.5-4 lb)	95	
Baby Bear (1.5 lb)	105	

PUMPKIN—5-15 lb

Orange Smoothie (5-9 lb)	90	
Big Autumn (hybrid, 13 lb)	90	
Moonshine (white)	100	
Hijinks (7-9 lb)	100	

PUMPKIN—15-25 lb

Racer Plus (14-18 lb)	85	PM
Magic Lantern (16-24 lb, semi-vine)	115	PM
Wolf (16-24 lb)	120	

*Unless otherwise noted.

Disease Resistance or Tolerance

BLS bacterial leaf spot
LB late blight

MR mosaic resistant
PM powdery mildew
PVY potato virus Y
S scab
TMV tobacco mosaic virus

Recommended Vegetable Cultivars

Cultivar	Days to Maturity*	Resistance or Tolerance to Disease
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PUMPKIN—25 lb

Appalachian (hybrid, 25 lb)	90	
New Moon (45 lb, white)	90	
Aladdin (hybrid, 25-35 lb)	110	PM
Gladiator (25 lb)	110	PM
Prize Winner (50-200 lb)	120	
Atlantic Giant (world record—over 1,500 lb)	120	

RADISH

Red Silk	28	
Cherry Belle	30	
Easter Egg (pink, white and red)	30	
Watermelon	60	

RADISH, ORIENTAL

Minowase Summer Cross (long, fall)	50	F
Red Meat, or Watermelon	50	
N. H. Cross (barrel shaped, fall)	75	

RHUBARB

Canada Red	2-3 yrs	
MacDonald	2-3 yrs	
Valentine	2-3 yrs	

SPINACH

Space	29	DM
Corvair (smooth leaf)	40	DM (races 1-11)
Tyee (savoy leaf)	42	B, DM
Melody (hybrid)	43	CMV, DM

SQUASH, SUMMER—Scalloped

Scallopini (white or green tinted)	50	
Sunburst (golden yellow)	50	
Patty Pan (white)	52	

SQUASH, SUMMER—Yellow Straightneck (SN) or Crookneck (CN)

Fortune (SN)	40	
Prelude II (CN)	40	PM, WMV, ZYMV
Dixie (CN)	41	
Multipik (SN)	50	
Lioness (SN)	52	
Zephyr (SN Bicolor)	54	

SQUASH, SUMMER—Zucchini

Eight Ball (round)	35	
Zucchini Elite	45	
Tigress	45	WMV, ZYMV
Spineless King	45	WMV, ZYMV, PM
Spineless Perfection	45	
Dunja	50	WMV, ZYMV, PM, PRV
Golden Glory (spineless yellow)	50	WMV, ZYMV, PM
Gold Rush (yellow)	52	WMV, ZYMV, PM

Recommended Vegetable Cultivars

Cultivar	Days to Maturity*	Resistance or Tolerance to Disease
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SQUASH, WINTER OR BAKING—Acorn

Taybelle	70	
Table Ace (semi-bush)	78	
Cream of the Crop (white, compact bush)	85	
Carnival (multicolored, semi-vine)	85	
Heart of Gold (green and white, semi-bush)	90	
Tiptop	92	PM
Honey Bear (green, compact vines)	100	

SQUASH, WINTER OR BAKING—Butternut

Early Butternut (compact vines)	80	
Butternut Supreme (vining)	90	
Waltham Butternut (vining)	97	
JWS 6823	100	PM

SQUASH, WINTER OR BAKING—Delicata

Cornell's Bush Delicata	80	PM
Sugar Loaf Tan Delicata (vining)	100	

SQUASH, WINTER OR BAKING—Delicious

Golden Delicious	100	
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SQUASH, WINTER OR BAKING—Hubbard

Baby Blue Hubbard	95	
Golden Hubbard (vining)	100	

SQUASH, WINTER OR BAKING—Kobocha and Buttercup

Bonbon (semi bush)	95	
Sweet Mama (short vine)	85	
Delica (vining)	85	
Sunshine (reduced vine)	95	
Buttercup (vining)	105	

SQUASH, WINTER OR BAKING—Miscellaneous

Pinnacle (spaghetti, bush)	85	
Sweet Dumpling (vining)	100	

SWEET POTATOES

Beauregard	95	
O'Henry (white)	100	

SWISS CHARD

Bright Lights (multicolored)	55	
Fordhook Giant	60	

*Unless otherwise noted.

Disease Resistance or Tolerance

AC	alternaria stem canker
B	resists premature bolting
BSO	bacterial speck race 0
CMV	cucumber mosaic virus
DM	downy mildew
EB	early blight

F	fusarium wilt
LB	late blight
PM	powdery mildew
PRV	papaya ringspot virus
ST	stemphyllium
V	verticillium wilt
WMV	watermelon mosaic virus
ZYMV	zucchini yellow mosaic virus

Recommended Vegetable Cultivars		
Cultivar	Days to Maturity*	Resistance or Tolerance to Disease

TOMATO—*Patio Tomato*

Basket King	55	
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TOMATO—*Cherry Type*

Juliet (grape)	60	
Sugary	60	
Sungold (gold)	65	
Sweetie	65	
Supersweet 100	65	F, V
Jolly (pear-shaped, pink)	70	
Cupid (grape)	71	AC, F1, ST, BSO
Mountain Magic	72	V, F1, F2, EB, LB

TOMATO—*Determinate Plant*

Terenzo (cherry type)	56	
Early Girl	58	V, F1, F2
Lizzano (cherry type)	63	LB
Valley Girl	65	V, F2
Carolina Gold (gold)	72	V, F1, F2
Celebrity	75	F1, F2, V, N, TMV
Plum Dandy (paste tomato)	76	F1, V, EB
Plum Crimson (paste tomato)	80	VI, F1, F2, F3, EB
Mountain Fresh	77	VI, F1, F2, EB-tolerant
Plum Regal	80	V, F1, F2, TSWV, LB, EB

TOMATO—*Indeterminate Plant*

Matt's Wild Cherry	60	EB, LB
Mountain Magic	66	Cracking, EB, V, F0, F1, F2
Cour di Bue - Oxheart	70	
Big Beef	70	F1, F2, V, N, TMV, LS
Cherokee Purple	72	
Pink Girl (pink)	72	
Bucks County Hybrid	74	V, F, AC, LS
Beefsteak	75	V, R
Better Boy	75	F1, N, V
Brandywine (great flavor, large 12-16 oz fruits; available in red, pink, yellow)	78	

Recommended Vegetable Cultivars		
Cultivar	Days to Maturity*	Resistance or Tolerance to Disease

TOMATO—*Tomatillo (husk tomatoes)*

Verde Puebla	75	
HPG 20 F1	77	

TURNIP

Hakuri	38	
Purple Crown	50-55	
Just Right	50-70	

WATERMELON

Yellow Baby	70	
Tiger Baby (icebox type)	75	F
New Queen (orange flesh)	75	
Sweet Beauty (ice box type)	80	
Sangria	87	A, F
Fiesta (allsweet type)	88	A, F
Ali Baba	100	

WATERMELON—*Seedless*

Indiana	76	
Triple Crown	82	
Buttercup (yellow)	82	
Revolution (large elongated)	82	
Cooperstown	90	
Millionaire	92	

*Unless otherwise noted.

Disease Resistance or Tolerance

A	anthracnose	F2	fusarium race 2
AC	alternaria stem canker	F3	fusarium race 3
BSO	bacterial speck race 0	LB	late blight
EB	early blight	LS	gray leaf spot
F	fusarium wilt	N	root knot nematode
F0	fusarium race 0	R	rust
F1	fusarium race 1	ST	stemphylium
		TMV	tobacco mosaic virus
		TSWV	tomato spotted wilt virus
		V	verticillium wilt
		VI	viruses