Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Fayette County. As the current economic situation continues to create challenges, educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities.

In 2010-2011, Family and Consumer Sciences Extension made 46,518 contacts with Fayette County individuals and families.²

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**Population by Age Group**¹

The 2010 U.S. Census reported total population in Fayette County as **295,803**.³

- Age 18-64: 68.3%
- Age 65 and over: 10.5%
- Age 5-17: 14.7%
- Age 4 and below: 6.5%

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**Spotlight on …**

**Making Healthy Lifestyle Choices**

Centers for Disease Control and Prevention report shows Kentucky ranks near the bottom of the nation for physical activity, and recently, Men’s Health reported Lexington the most sedentary city in America. To address this, Fayette County Family and Consumer Sciences agents coordinated 2nd Sunday, a community program that promotes activity. On the second Sunday of October 2010, Fayette Extension and 114 additional counties (over 30,000 citizens) teamed with local, district, and state partners to use a local roadway or venue for activity. Over the past three years, 15,000 citizens have participated in physical activities; 22,000 biked, walked, and ran on the Blue Grass Airport runway; and 1,200 (including volunteers) participated in monthly police-escorted bike rides, and more.

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¹ Data from the 2010 U.S. Census
² Data from Family and Consumer Sciences Extension
³ Data from Fayette County Family and Consumer Sciences Extension
**OUR FAMILIES**

According to the 2010 Census, of families in Fayette County with their own children...
- 64.8% are husband-wife families
- 35.2% are single parent families

In addition, there are:
- 123,043 households
- 34,896 households with 1 or more persons under the age of 18
- 3,878 grandchildren under 18 years old who live with a grandparent householder
- 22,975 households with at least one person age 65 and over

As a result of participation in Fayette County Extension programs:
- 16,000 people increased knowledge of lifestyle changes to improve personal health.
- 1,000 people increased knowledge of parenting and personal relationships.
- 7,000 people increased knowledge of safe storage, handling and food preparation.

**OUR ECONOMY**

According to the 2010 American Community Survey 5-year estimates, between 2005 and 2009 in Fayette County it is estimated that...
- 58.1% (+/- 1.2) are married-couple families with both husband and wife in the labor force
- 64.4% (+/- 3.3) are children under 6 years old with all parents in the labor force
- 9.2% (+/- 1.2) are people 65 years and over below poverty level during the past 12 months

As a result of participation in Fayette County Extension programs:
- 120 people increased knowledge of economic and enterprise development.
- 4,000 people adopted money management practices to reduce debt and increase savings.
- 60,000 people demonstrated increased practical living skills.

**OUR COMMUNITY**

In 2009, the most recent data available, the median household income in Fayette County was $46,386.

The number of children in poverty in Fayette County was 12,367 compared to 10,826 in 2006.

The total number of people receiving Supplemental Nutrition Assistance Program (SNAP) benefits in Fayette County is 36,187 in 2011.

As a result of participation in Fayette County Extension programs:
- 1,100 people increased leadership knowledge and skills.
- 4,000 people improved communication skills to address community issues.
- 1,200 people developed skills to access affordable food.

**Average Annual Unemployment Rate**

(not seasonally adjusted)

**SOURCES**

1. U.S. Census Bureau, 2010 Decennial Census.

Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.