

# ***KEHA***

# RECREATION BOOK

**JULY 2011 - JUNE 2012**



This booklet has been compiled by the Licking River Area (Bath, Bracken, Fleming, Lewis, Mason, Menifee, Montgomery, Morgan, Robertson and Rowan Counties) specifically for the Kentucky Extension Homemakers Association and printing costs has been paid by the Kentucky Extension Homemakers Association.



## JULY

**Roll Call:** What was your favorite 4<sup>th</sup> of July memory?

**Thought for the Month:** Save up summer memories to enjoy them on a cold winter day.

### ACTIVITY 1

#### WHAT WILL I TAKE ON A PICNIC?

Have members number paper 1 to 20. Tell them you are going on a picnic, ask them to write what they think you will be taking. You can make your own list of things or use the following suggestions. Give one point for each of their answers that match yours.

- |                  |                    |
|------------------|--------------------|
| 1. cooler        | 14. towel          |
| 2. soft drinks   | 15. fishing pole   |
| 3. water         | 16. picnic basket  |
| 4. sandwiches    | 17. chips          |
| 5. chair         | 18. sunscreen      |
| 6. plates        | 19. grill          |
| 7. cups          | 20. charcoal       |
| 8. cookies       | 21. blanket        |
| 9. fried chicken | 22. hot dogs       |
| 10. potato salad | 23. camera         |
| 11. baked beans  | 24. bathing suit   |
| 12. lemonade     | 25. forks          |
| 13. stuffed eggs | 26. hand sanitizer |

### ACTIVITY 2

#### WHAT'S IN YOUR PURSE

Add or subtract points for the following items in your purse.

##### POINTS

- 5
- 5
- 2
- 5
- 2
- 5
- 2
- 5
- 5
- 10
- 1
- 5
- 5
- 3
- 5
- 20

##### ITEM

- each lipstick
- each comb or brush
- each key
- each sales receipt
- each family picture
- each tissue
- each used tissue
- each package of gum
- each piece of candy
- hand sanitizer
- each coin
- each list
- each credit card
- each envelope
- each nail file or fingernail clips
- something unusual (must show it)

Submitted by: Lewis County Homemakers

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# August

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Roll call: If you were a flower what would be your name?

Thought for the Month: ***“The moonlight falls the softest In Kentucky; The summer's days come oft'est In Kentucky; Friendship is the strongest, Love's fires glow the longest; Yet, a wrong is always wrongest in Kentucky.”*** That poem is “In Kentucky,” by Judge James Hillary Mulligan's 100-year-old tongue-in-cheek ode to the Bluegrass State.

## Activity

### Game called Do Her Dirty

Have at least three gifts showing on a table within easy range of all participants. More gifts may be presented depending upon how many people are playing, and how many games you want to play. Each person will need a piece of paper on which they will choose seven numbers from 1 to 30. To begin play, one person will be asked to call a number they have written on their paper. She will cross off that number and any other persons with the same number will also cross off that number. Then, the next person to the right of the beginning participant will call a number on their paper, cross it off, and anyone else who has the same number will do likewise. The game proceeds in like manner until someone has crossed off all the numbers they have on their paper. She will then yell “Do Her Dirty” and go choose a gift from the table. Starting the next game, everyone will again write seven numbers between 1 and 30 and play begins as before. The games continue until all gifts have been taken from the table. As you continue to play games, the winners are permitted to take any gifts previously chosen. The fun part then is that some do not want to part with their gift; and when given the opportunity, will take it back!

*Note: This game has been played for at least 50 years in the Progressive Club in Rowan County.*

### Birthday Trivia

More people celebrate their birthdays in August than in any other month (about 9% of all people). The two other months that rate high for birthdays are July and September

Submitted by  
Rowan County Progressive Homemaker's Club



# Dear Lord Jesus

As I go about my housework  
Let me see each job I do,  
As a service for my King  
And a way of loving you.

Let me wash away my judgments  
Of others right or wrong,  
As I wash up the dishes  
Place within my heart a song.

As I clean up little fingerprints  
And lots of muddy shoes,  
May I remember how you cleaned the feet  
Of the loved ones you did choose.

As I mend up torn garments  
And sew a button on,  
Show me where I need to mend a breach  
That's gone on far too long.

Let me tidy up my thoughts  
As I tidy up the toys,  
Let me sweep away my fears  
Like the dirt from little boys.

May I be just as quick with my forgiveness  
As I am with mop and broom,  
Sweeping up the clutter  
In my heart and living room.

May I rinse out pride and ego  
As I rinse the bathtub out,  
And while we are at it Lord  
Let's take care of anger, hate and doubt.

Please remind me often Lord  
That the way I'm called to serve, is an honor given me  
And not below what I deserve.

You know Lord, as I look  
At all the work we need to do,  
I think we'd better house clean  
At least a day or two.

Melanie Hubbard—

1Cor. 10:31 says, "So whether you eat or drink, or whatever you do, do all for the glory of God".

Submitted by: Mary Lou Simons  
Germantown Brite Siders  
Bracken County Homemakers

# SEPTEMBER

Thought for the Day: Love is the thing that enables a woman to sing while she mops the floor after her husband has walked across it in his barn boots. *Hoosier Farmer*

Special Roll Call Suggestion: Housekeeping job you like or hate the most.

Activity: Good Housekeeping Word Scramble

National: Ovarian Cancer Month, Biscuit Month, Honey Month, Potato Month, Mushroom Month, and Rice Month.

## GOOD HOUSEKEEPING

Please unscramble the words below

- |                     |       |                 |       |
|---------------------|-------|-----------------|-------|
| 1. iuaugnmvc        | _____ | 2. nbnesuutids  | _____ |
| 3. shsdie           | _____ | 4. tthaubb      | _____ |
| 5. hysuesomdd       | _____ | 6. terioppaetl  | _____ |
| 7. ervigan          | _____ | 8. iingron      | _____ |
| 9. keolinescecsahcr | _____ | 10. nangnic     | _____ |
| 11. ptgrniifsenr    | _____ | 12. maoetwpr    | _____ |
| 13. adylurn         | _____ | 14. odmemoc     | _____ |
| 15. sponeg          | _____ | 16. eicl nang   | _____ |
| 17. pposgnhi        | _____ | 18. ikognoc     | _____ |
| 19. ohhsdclit       | _____ | 20. uitorsehltb | _____ |

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**Key:** 1) vacuuming 2) dustbunnies 3) dishes 4) bathtub 5) muddys shoes 6) toilet paper 7) vinegar 8) ironing  
9) chickencasserole 10) canning 11) fingerprints 12) mopwater 13) laundry 14) commode 15) sponge 16) cleaning  
17) shopping 18) cooking 19) dishcloth 20) toiletbrush

# OCTOBER

**Roll Call:** Name your favorite Halloween costume from your childhood.

**Thought for the Month:** Autumn is a second spring when every leaf is a flower.

Albert Camus, Author and Philosopher

## ACTIVITY

Answer with a candy or candy bar you might find in your trick-or-treat bag.

1. Tiny laughs
2. 13<sup>th</sup> letter of the alphabet times 2
3. Pennsylvania city
4. A street
5. Sweet father
6. Not; nothing
7. Nut with a smile
8. Boaz's wife as an infant
9. Smooch
10. Not very smart
11. Igneous, sedimentary or metamorphic treat
12. Another name for outer space
13. Trio of guys
14. Intelligent ones
15. Dorky people
16. Someone who constantly drops things
17. A large sum of money
18. Dustin Hoffman movie + what a tire does

Answers on back

## **OCTOBER ANSWERS**

### **TRICK-OR-TREAT CANDIES**

1. Snickers
2. M & M's
3. Hershey
4. 5<sup>th</sup> Avenue
5. Sugar Daddy
6. Zero
7. Almond Joy
8. Baby Ruth
9. Kiss
10. Dum Dum
11. Rock Candy
12. Milky Way
13. Three Musketeers
14. Smarties
15. Nerds
16. Butterfinger
17. 100 Grand
18. Tootsie Roll

Submitted by: Bath County Homemakers



## NOVEMBER

**Roll Call:** Name your favorite Thanksgiving dish.

**Thought for the Month:** Thanksgiving was never meant to be shut up in a single day.

Robert Caspar Linter

## ACTIVITY

1. When was the first NATIONAL Thanksgiving Day celebrated, and who proclaimed it?
2. Which President made Thanksgiving an annual holiday?
3. In what year was the first Thanksgiving that included feasting?
4. Who was Tisquantum?
5. What was the first tribe of Indians who joined the Pilgrims at the first Thanksgiving?
6. Corn Meal and Maple Syrup makes what Thanksgiving dish?
7. Which state produces the most turkeys annually?
8. The term Cornucopia means what?
9. In what year did the first Macy's Thanksgiving Day Parade take place?
10. How many Pilgrims were on the Mayflower?
11. Why is Thanksgiving always observed on Thursday?
12. It is believed that how many women survived to celebrate the first Thanksgiving?

(Answers on back)



## NOVEMBER ANSWERS

- 1) George Washington proclaimed it October 3, 1789.
- 2) Abraham Lincoln
- 3) 1621
- 4) Better known as Squanto, he was the Indian that taught the Pilgrims how to survive in the New World
- 5) The Wampanoags Indians
- 6) Pudding
- 7) Minnesota
- 8) Horn of Plenty
- 9) 1924
- 10) Believed to be 102
- 11) The Pilgrims went to church twice a week, Sunday and Thursdays. They wanted to observe Thanksgiving on “mid-prayer day” so celebrate on Thursdays.
- 12) Five and they prepared the Thanksgiving meal.

Submitted by: Mason County Homemakers

## DECEMBER



**Roll Call:** Name your favorite Christmas Carol.

**Thought of the Month:** "...And so as Tiny Tim would say, "God Bless us all, everyone."

### ACTIVITY

#### NAME THAT CHRISTMAS SONG TITLE!

Can you name the Christmas carol or song with only a phrase?

1. "Holy infant, so tender and mild."
2. "Lean your ear this way."
3. "Giddy yap, giddy yap, giddy up, let's go."
4. "Sweetly singing o'er the plains."
5. "Decorations of red on a green Christmas tree."
6. "We can hardly stand to wait, please Christmas don't be late!"
7. "Joyful all ye nations, rise."
8. "I spilled some ink on Mommy's rug."
9. "It is the night of the dear Savior's birth."
10. "When suddenly the clock strikes twelve."
11. "Mistletoe hung where you can see, every couple tries to stop."
12. "When the snow lay 'round about."
13. "With a corn cob pipe and a button nose."
14. "Above the deep and dreamless sleep."
15. "Have you been good the way you should on every single day?"
16. "Somebody waits for you, kiss her once for me."
17. "If only in my dreams."
18. "Their old familiar carols play."
19. "Field and fountain, moor and mountain."
20. "Underneath his beard so snowy white."
21. "The cattle are lowing, the poor baby wakes."
22. "Toys, galore, scattered on the floor."
23. "With every Christmas card I write."
24. "Let every heart, prepare Him room."
25. "Or'e the fields we go."
26. "Was to certain poor shepherds in fields as they lay."
27. "S is for the star that shone so bright."
28. "And I brought some corn for popping."
29. "Painted candy canes on the tree."

(Answers on the back)

## DECEMBER ANSWERS

### “Name that Christmas Song”

1. Silent Night
2. Jolly Old Saint Nicholas
3. Sleigh Ride
4. Angels We Have Heard on High
5. Blue Christmas
6. The Chipmunk Song
7. Hark the Herald Angels Sing
8. Nuttin for Christmas
9. O Holy Night
10. Parade of the Wooden Soldiers
11. Rockin Around the Christmas Tree
12. Good King Wenceslas
13. Frosty the Snowman
14. O Little Town of Bethlehem
15. When Santa Claus Gets Your Letter
16. A Holly Jolly Christmas
17. I'll Be Home For Christmas
18. I Heard the Bells on Christmas Day
19. We Three Kings of Orient Are
20. I Saw Mommy Kissing Santa Clause
21. Away in the Manger
22. The Most Wonderful Day of the Year
23. I'm Dreaming of a White Christmas
24. Joy to the World
25. Jingle Bells
26. The First Noel
27. C H R I S T M A S
28. Let It Snow! Let It Snow! Let It Snow!
29. The Christmas Waltz

Submitted by Montgomery County

# JANUARY

**Roll Call:** Name your favorite thing to do on a snowy day.

**Thought for the Month:** If winter comes, can spring be far behind?

Percy Bysshe Shelley, English Poet

## ACTIVITY

### Memory Game

Before the meeting, place 10-15 winter-related items in a shopping bag, gift bag or shoe box. Examples might be a mitten, ear muffs, a sock, a Christmas ornament, etc. At the beginning of the meeting, pass the bag around to each member and let her look in the bag for 20 seconds. Then begin the meeting and proceed as usual. When it's time for the recreational activity, give the members a specified amount of time to write down as many items as they can remember that are in the bag. The member with the most correct answers is the winner. The prize could be one of the items in the bag.

Submitted by: Bath County Homemakers



# FEBRUARY



Roll Call: Name your most unique valentine.

Thought of the Month: “Let not him who is homeless pull down the house of another; but let him labor diligently to build one for himself.”  
Abe Lincoln

## ACTIVITY

ABRAHAM LINCOLN – 16<sup>TH</sup> PRESIDENT OF THE UNITED STATES 1809 1865

Mother \_ A \_ \_ \_ \_ \_

This begins with: “Four score ...” \_ \_ \_ \_ \_ B \_ \_ \_ \_ \_

What he did with his ax R \_ \_ \_ \_ \_

Wife \_ A \_ \_ \_ \_ \_

His nickname H \_ \_ \_ \_ \_

Stepmother \_ A \_ \_ \_ \_ Bush Johnson

Father \_ \_ \_ M \_ \_ \_

Occupation before politics L \_ \_ \_ \_ \_

State where buried I \_ \_ \_ \_ \_

Declaration that freed the slaves \_ \_ \_ \_ N \_ \_ \_ \_ \_ Proclamation

First elected candidate of this party \_ \_ \_ \_ \_ C \_ \_ \_

Birthplace \_ O \_ \_ \_ \_ \_

Assassin \_ \_ \_ \_ \_ L \_ \_ \_ \_ \_

Play at Ford’s Theater \_ \_ \_ \_ \_ N \_ \_ \_ \_ \_

(Answers on the back)

## FEBRUARY ANSWERS

Abraham Lincoln – 16<sup>th</sup> President of the United States – 1809 1865

Mother	NANCY HANKS
This begins with: "Four score ..."	GETTYSBURG ADDRESS
What he did with his ax	RAIL SPLITTER
Wife	MARY TODD
His nickname	HONEST ABE
Stepmother	SARAH BUSH JOHNSON
Father	THOMAS
Occupation before politics	LAWYER
State where buried	ILLINOIS
Declaration that freed the slaves	EMANCIPATION PROCLAMATION
First elected candidate of this party	REPUBLICAN
Birthplace	HODGENVILLE
Assassin	JOHN WILKES BOOTH
Play at Ford's Theater	OUR AMERICAN COUSIN

Submitted by Montgomery County



# March 2011



**Roll Call:** What is your favorite Spring shrub or tree?

**Thought for the Month:** I believe that we are solely responsible for our choices, and we have to accept the consequences of every deed, word, and thought throughout our lifetime. - Elizabeth Kubler-Ross

ANEMONE	V	P	R	M	K	Z	O	Y	D	S	M	V	E	O	P	A
BLUEBELLS	M	S	S	A	M	D	Y	W	H	Z	K	S	N	W	Z	F
BUTTERCUPS	W	B	U	Y	A	V	I	O	L	E	T	S	E	C	A	D
COLUMBINE	B	R	S	A	Y	C	M	N	X	O	L	H	P	R	H	A
CROCUS	L	A	S	P	F	M	Y	S	N	O	W	D	R	O	P	S
DAFFODILS	U	T	I	P	L	U	P	E	H	T	N	I	K	C	A	J
FORGET ME NOTS	E	S	C	L	O	Q	M	H	L	E	D	L	B	U	D	K
GLORY OF THE SNOW	B	G	R	E	W	T	H	T	G	I	L	A	U	S	C	S
HYACINTH	E	N	A	P	E	N	Y	F	Z	E	L	D	T	A	O	L
IRIS	L	I	N	G	R	H	A	O	U	N	L	Y	T	P	L	I
JACK IN THE PULPIT	L	T	R	W	S	C	C	Y	P	O	N	S	E	Y	U	D
LADYS SLIPPER	S	O	D	L	O	G	I	R	A	M	H	S	R	A	M	O
LILY	F	O	P	V	G	Z	N	O	Z	E	F	L	C	U	B	F
MARSH MARIGOLD	W	H	B	F	I	M	T	L	Q	N	H	I	U	Y	I	F
MAY APPLE	N	S	G	I	L	R	H	G	C	A	S	P	P	P	N	A
MAY FLOWERS	M	Y	T	U	A	E	B	G	N	I	R	P	S	P	E	D
NARCISSUS	I	P	R	A	I	R	I	E	R	O	S	E	Y	O	D	F
PHLOX	K	S	P	I	L	U	T	I	N	V	L	R	P	P	C	M
POPPY																
PRAIRIE ROSE																
SHOOTING STAR																
SNOWDROPS																
SPRING BEAUTY																
TULIPS																
VIOLETS																



# March 2011



**Roll Call:** What is your favorite Spring shrub or tree?

**Thought for the Month:** I believe that we are solely responsible for our choices, and we have to accept the consequences of every deed, word, and thought throughout our lifetime. - Elizabeth Kubler-Ross

- ANEMONE
- BLUEBELLS
- BUTTERCUPS
- COLUMBINE
- CROCUS
- DAFFODILS
- FORGET ME NOTS
- GLORY OF THE SNOW
- HYACINTH
- IRIS
- JACK IN THE PULPIT
- LADYS SLIPPER
- LILY
- MARSH MARIGOLD
- MAY APPLE
- MAY FLOWERS
- NARCISSUS
- PHLOX
- POPPY
- PRAIRIE ROSE
- SHOOTING STAR
- SNOWDROPS
- SPRING BEAUTY
- TULIPS
- VIOLETS

V	P	R	M	K	Z	O	Y	D	S	M	V	E	O	P	A
M	S	S	A	M	D	Y	W	H	Z	K	S	N	W	Z	F
W	B	U	Y	A	V	I	O	L	E	T	S	E	C	A	D
B	R	S	A	Y	C	M	N	X	O	L	H	P	R	H	A
L	A	S	P	F	M	Y	S	N	O	W	D	R	O	P	S
U	T	I	P	L	U	P	E	H	T	N	I	K	C	A	J
E	S	C	L	O	Q	M	H	L	E	D	L	B	U	D	K
B	G	R	E	W	T	H	T	G	I	L	A	U	S	C	S
E	N	A	P	E	N	Y	F	Z	E	L	D	T	A	O	L
L	I	N	G	R	H	A	O	U	N	L	Y	T	P	L	I
L	T	R	W	S	C	C	Y	P	O	N	S	E	Y	U	D
S	O	D	L	O	G	I	R	A	M	H	S	R	A	M	O
F	O	P	V	G	Z	N	O	Z	E	F	L	C	U	B	F
W	H	B	F	I	M	T	L	Q	N	H	I	U	Y	I	F
N	S	G	I	L	R	H	G	C	A	S	P	P	P	N	A
M	Y	T	U	A	E	B	G	N	I	R	P	S	P	E	D
I	P	R	A	I	R	I	E	R	O	S	E	Y	O	D	F
K	S	P	I	L	U	T	I	N	V	L	R	P	P	C	M



# April

## Thought for the Day

Those who bring sunshine to the lives of others cannot keep it from themselves.  
James Barrie

## Roll Call:

April is National Poetry month. Name a poem you remember from school or name your favorite poet.

## Activity:

### Poetry Race

Have members practice this poem for a few minutes and then see which member can say this tongue twister the fastest correctly.

Give the winner a small book of poetry.

### Betty Botter

Betty Botter bought some butter.  
"But," she said, "the butter's bitter.  
If I put it in my batter,  
it will make my batter bitter.  
But a bit of better butter--  
that would make my batter better."

So she bought a bit of butter,  
better than her bitter butter.  
And she put it in her batter,  
and the batter was not bitter.  
So 'twas better Betty Botter  
bought a bit of better butter!

--By Anonymous



## MAY

**Roll Call:** Who, from the following list of famous people, would you most like to spend a day with, and why?

**Thought for the Month:** “Fame is a vapor, popularity an accident, and riches take wings. Only one thing endures and that is character”. Quote by Horace Greeley (politician & editor 1811-1872)

### ACTIVITY

**Match these people with their May birthdates. Why is/was the person famous?**

May 1, 1852    May 8, 1847    May 15, 1937    May 22, 1844    May 19, 1903

May 2, 1903    May 9, 1918    May 16, 1955    May 23, 1052    May 30, 1964

May 3, 1934    May 10, 1899    May 17, 1749    May 24, 1945    May 31, 1965

May 4, 1959    May 11, 1888    May 18, 1912    May 25, 1929

May 5, 1818    May 12, 1820    May 19, 1976    May 26, 1907

May 6, 1856    May 13, 1950    May 20, 1768    May 27, 1794

May 7, 1933    May 14, 1969    May 21, 427    May 28, 1944

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Benjamin Spock	Edward Jenner	Karl Marx	Perry Como
Beverly Sills	Florence Nightingale	Kevin Garnett	Plato
Bob Hope	Frankie Valli	King Philip 1	Priscilla Presley
Brooke Shields	Fred Astaire	Mary Cassatt	Randy Travis
Calamity Jane	Gladys Knight	Madeleine Albright	Sigmund Freud
Cate Blanchett	Irving Berlin	Mike Wallace	Stevie Wonder
Cornelius Vanderbilt	John Wayne	Olga Korbut	Wynonna Judd
Dolley Madison	Johnny Unitas	Oscar Hammerstein	

Answers on the back side

## ANSWERS TO MAY ACTIVITY

- |  |   |
|--|---|
| May 1, 1852 Calamity Jane, Wild West performer     | May 17, 1749 Edward Jenner, smallpox vaccine                |
| May 2, 1903 Benjamin Spock, pediatrician/author    | May 18, 1912 Perry Como, singer                             |
| May 3, 1934 Frankie Valli, singer                  | May 19, 1976 Kevin Garnett, pro basketball                  |
| May 4, 1959 Randy Travis, country singer           | May 20, 1768 Dolley Madison, "1 <sup>st</sup> Lady of U.S." |
| May 5, 1818 Karl Marx, political philosopher       | May 21, 427 Plato, Greek philosopher                        |
| May 6, 1856 Sigmund Freud, psychiatrist/author     | May 22, 1844 Mary Cassatt, American artist                  |
| May 7, 1933 Johnny Unitas, top pro football player | May 23, 1052 King Phillip 1, King of France                 |
| May 8, 1847 Oscar Hammerstein, theater producer    | May 24, 1945 Priscilla Presley, actress                     |
| May 9, 1918 Mike Wallace, journalist               | May 25, 1929 Beverly Sills, American opera singer           |
| May 10, 1899 Fred Astaire, dancer                  | May 26, 1907 John Wayne, actor/producer                     |
| May 11, 1888 Irving Berlin, composer               | May 27, 1794 Cornelius Vanderbilt, entrepreneur             |
| May 12, 1820 Florence Nightingale, English nurse   | May 28, 1944 Gladys Knight, singer/songwriter               |
| May 13, 1950 Stevie Wonder, singer/musician        | May 29, 1903 Bob Hope, comedian/actor                       |
| May 14, 1969 Cate Blanchett, actress               | May 30, 1964 Wynonna Judd, singer from KY                   |
| May 15, 1937 Madeleine Albright, statesman         | May 31, 1965 Brooke Shields, model/actress                  |
| May 16, 1955 Olga Korbut, Soviet gymnast           |   |

Submitted by: Robertson Co. Homemakers

## **JUNE**

**Roll Call:** Name a special time you spent with your Dad.

**Thought for the Month:** Remember to celebrate Father's Day, because he is the root of our existence.

### **ACTIVITY**

In ten (10) minutes how many words can you make out of: HAPPY FATHER'S DAY?

By taking the letters one by one it goes really fast...Here are a few to get you started: I found 60 in twenty (20) minutes.

Her, ape, part, appear, yard

Here are more examples:

Are, at, apart, yes

Submitted by: Menifee County Homemakers

