

2014/2015 Scheduled Area KEHA Lessons

Purple Print – from 2010/2011 State Lesson List

Red Print – from 2012/2013 State Lesson List

Blue Print – from 2013/2014 State Lesson List

Green Print – from 2011/2012 State Lesson List

Not categorized by chairmanship:

- Short & Sweet: Fort Harrod Area – April 2015 (Mary Hixson); Bluegrass Area – March 2015 (Rachel Abney)

Cultural Arts & Heritage

- Trail of Tears: Purchase Area – April 2015 (LaDawn Hale)
- All Things Southern: Mammoth Cave Area – October 2014 (Janet Johnson)
- Craft & App Class: Green River Area – November 2014 (Katie Alexander)
- Creating Art from Paper & Fabric: Wilderness Trail Area – May 2015 (Hazel Jackson)
- Flower Arranging Basics: Lincoln Trail Area – September 2014 (Amy Aldenderfer)
- History of the Apron: Mammoth Cave Area – November 2014 (Christy Ramey & Tracy Thornton)
- Spirit of Home Holiday: Purchase Area – November 2014 (Vicki Wynn)
- Wreaths for all Occasions: Pennyrite Area – June 2015 (TBA)

Environment, Housing & Energy

- Are You Ready for Disaster?: Northern Kentucky Area – January 2015 (Linda Brown Price)
- Focus on the Home: Accessibility: Quicksand Area – May 2015 (Linda Combs); Northern Kentucky Area – November 2014 (Grace Angotti)
- Focus on the Home: Pest Management: Lake Cumberland Area – July 2014 (Kelli Bonifer); Quicksand Area – August/September 2014 (Glenna Wooten); Fort Harrod Area – August 2014 (Elizabeth Creed) {titled “Creepy Crawlies”}; Bluegrass Area – February 2015 (Gina Noe) {titled “Creepy Crawlies”}; Pennyrite Area – May 2015 (TBA) {titled “Out with the Bugs!”};
- Is Your Home Making You or Your Family Sick?: Northeast and Licking River Areas – Summer 2015 (Leslie Workman – Mail Out); Lake Cumberland Area – July 2014 (Christy Nuetzman); Northern Kentucky Area – September 2014 (Joan Bowling)
- Living Better through Home Energy Management: Northeast and Licking River Areas – November 2014; (Brenda Cockerham will prepare and agents will teach); Lake Cumberland Area – July 2014 (Pam York) {titled: Focus on the Home: Energy Management}; Fort Harrod Area – September 2014 (Rita Stewart); Bluegrass Area – April 2015 (Benita Peoples)
- Decorating for Fall: Lincoln Trial Area – October 2014 (Natalie Taul)
- Fantastic Floral Design: Purchase Area – March 2015 (Melissa Goodman)
- Gardening: Fort Harrod Area – February 2015 (Luci Hockersmith); Bluegrass Area – August 2014 (Pam Dooley)
- Helpful Household Tips: Green River Area – September 2014 (Amber Meeks)
- Landscaping Ideas Update: Lincoln Trial Area – March 2015 (Dennis Morgeson)
- Recycle & Upcycle: Green River Area – April 2015 (Melanie Bealmear)
- Simple Gardening: Mammoth Cave Area – March 2015 (Brittany Young & Lara Savage)
- Spring Gardening: Wilderness Trail Area – March 2015 (Lora Lee Frazier Howard)
- Trees, Trees, Trees: Green River Area – March 2015 (Guest Presenter – Annette Heisdorfer)
- What’s New with Bamboo?: Northeast and Licking River Areas – March 2015 (Theresa Scott, Donna Fryman, and Rachel Price)

4-H / Youth Development

Food, Nutrition, and Health

- Plate It Up! Kentucky Proud: Northeast and Licking River Areas – August 2014 (Whitney Morrow, Andrea Johnson, and Shannon Smith); Louisville Area – February 2015 (Sheila Fawbush); Lake Cumberland Area – July 2014 (Jody Paver)
- Stand Up to Falling: A Matter of Balance: Quicksand Area – October 2014 (Ann Hollon)
- Understanding the Food Label: Lake Cumberland Area – July 2014 (Debbie Shepherd)
- Nourish Your Bones & Joints: Wilderness Trail Area – April 2015 (Rebecca Miller)
- A Woman’s Guide to Beating Heart Disease: Northeast and Licking River Areas – February 2015 (Terry Whalen – Mail Out)
- Almost Homemade: Green River Area – February 2015 (All Agents)
- Cheese Basics: Louisville Area – March 2015 (Jane Proctor)
- Company’s Coming: Buffet Service: Purchase Area – October 2014 (Denise Wooley)
- Cooking for Fun!: Northern Kentucky Area – October 2015 (Ronda Rex)
- Cooking Under Pressure: Quicksand Area – April 2015 (Nanette Banks)
- Cooking When the Lights Go Out!: Pennyriple Area – January 2015 (Cecelia Hostilo)
- Cooking with a Slow Cooker: Wilderness Trail Area – October 2014 (Matti Daniels)
- Dealing with Alzheimer’s Memory Loss and Dementia: Lincoln Trial Area – January 2015 (Lynette Allen)
- Dining Across Kentucky: Mammoth Cave Area – April 2015 (Janet Johnson & Mindy McCulley)
- Eating Your Way to Good Health: Green River Area – October 2014 (Mary Higginbotham)
- Eating Well with New Grains: Mammoth Cave Area – September 2014 (Rachel Hance)
- Fancy Fixings: Louisville Area – October 2014 (Chris Duncan)
- Gluten Free Cooking: Louisville Area – April 2015 (Allison Lewis)
- Healthy Restaurant Eating: Northeast and Licking River Areas – April 2015 (Lora Pullin and Laura Brown-White)
- Holiday Sides: Lincoln Trial Area – November 2014 (Dayna Parrett)
- Keep it Sweet: The Scoop on Sugar Substitutes & Artificial Sweeteners: Purchase Area – February 2015 (Sara Martin)
- Kentucky Honey. What’s the Buzz?: Lincoln Trial Area – February 2015 (Jennifer Bridge)
- Nourishing Your Muscles: Northern Kentucky Area – September 2014 (Kenna Knight)
- Old Fashioned Recipes with New Guidelines: Pennyriple Area – October 2014 (Jill Harris)
- Pasta Possibilities: Northern Kentucky Area – January 2015 (Sherri Broderick)
- Seasonal Salads: Northern Kentucky Area – September 2014 (Diane Mason)
- Super Foods: Fort Harrod Area – October 2014 (Porsha Batts); Bluegrass Area – January 2015 (Diana Doggett)
- Teas – What to Use for Different Results?: Mammoth Cave Area – January 2015 (Lynn Blankenship or Mail Out)
- The Truth About Gluten!: Pennyriple Area – April 2015 (Angie York)
- Vitamin D Power: Wilderness Trail Area – December/January 2014/2015 (Judi O’Bryan)
- Vitamins & Supplements: Fort Harrod Area – November 2014 (Alethea Price); Bluegrass Area – October 2014 (Sara Talbott)
- What Supplements Do I Need?: Mammoth Cave Area – June 2015 (Mindy McCulley)
- “Your Baking Ingredients Make a Difference”: Northern Kentucky Area – October 2014 (Kathy Byrnes)

Family and Individual Development

- Change it Up with Scarves: Purchase Area – January 2015 (Anna McCoy)
- Color Analysis: Lincoln Trial Area – April 2015 (Lizzie Spalding)
- Creative Clothing Crafts – Green River Area – January 2015 (Tiffany Calvert)
- Dealing with Grief: Pennyriple Area – March 2015 (Tiffany Bollinger)
- Etiquette for Adults: Pennyriple Area – November 2014 (Nancy Hunt)
- Family Rituals and Routines: Quicksand Area – February 2015 (Martha Yount)
- Genealogy: The “How’s and Where’s to Researching Your Family History: Purchase Area – September 2014 (Debbie Temple)
- Oh, Where Did I Put That: Northeast and Licking River Areas – September 2014 (Hannah Leonard, Amanda Hamilton, and Sally Mineer)
- Pinterest: Wilderness Trail Area – September 2014 (Teresa Montgomery)
- Simply Beautiful: Louisville Area – September 2014 (Maryellen Garrison)
- Shed Five Pounds with Wardrobe Basics (Packet Lesson): Louisville Area – December 2014 (Valerie Holland)
- Skills for Creating Happiness & Blessings to Others: Wilderness Trail Area – February 2015 (Clare Kincaid)
- Social Media 101: Lincoln Trial Area – May 2015 (Cabrina Buckman)
- Spa Day: Fort Harrod Area – March 2015 (Tamera Thomas); Bluegrass Area – September 2014 (Jennifer Howard)
- Travel Safety – Know Before You Go: Northern Kentucky Area – February 2015 (Judy Hetterman)
- Who Will Care for Me and Mine?: Mammoth Cave Area – February 2015 (Suzan Nunn)

International

Leadership Development

- Communication Essentials for Good Impressions: Purchase Area – May 2015 (Virginia Langford); Lake Cumberland Area – July 2014 (Debbie Messenger); Northern Kentucky Area – August 2014 (Kate Vaught)
- Power of Motivation: Northern Kentucky Area – January 2015 (Katie Trump)
- Extension – The First 100 Years: Northern Kentucky Area – September 2014 (not specified)
- Get on the Leader Ship!: Pennyriple Area – September 2014 (Ashley White)
- Know Your County’s History: Mammoth Cave Area – County’s Discretion (Each Agent)
- The Generation Gap: Pennyriple Area – February 2015 (Elizabeth Jury)
- YOU Can Make a Difference: Quicksand Area – March 2015 (Ann Bradley)

Management & Safety

- Maximizing Your Dollars in Retirement: Lake Cumberland Area – July 2014 (Edith Lovett)
- Managing in Tough Times: Rebounding Your Finance\$ after Recession: Northeast and Licking River Areas – October 2014 (Egenia Wilson and Nellie Buchanan)
- Planning for Later Life: Fort Harrod Area – January 2015 (Joan Martin); Bluegrass Area – November 2014 (Connie Minch)
- What Women Should Know About Finances: Planning for Life’s Major Events: Purchase Area – June 2015 (Mail Out); Lake Cumberland Area – July 2014 (Audrey Myers)
- Holiday Budgets: Idea Showcase: Quicksand Area – November 2014 (All Area FCS Agents)
- Holiday Ideas: Upcycling for the Holidays: Wilderness Trail Area – November 2014 (Theresa Howard)
- How to Manage Electronic Accounts: Online Bill Payment and Debit Cards: Northeast and Licking River Areas – January 2015 (Gwenda Johnson – Mail Out)

- Money Habitudes: Quicksand Area – January 2015 (Natasha Lucas)
- Online Shopping: Northeast and Licking River Areas – December 2014 (Stephanie Derifield – Mail Out)
- Gadgets for Home Organization: Green River Area – May 2015 (Amanda Hardy)
- Savy Sellers and Bargain Hunters: Mammoth Cave Area – May 2015 (Tracy Thornton & Christy Ramey)