Test your Trail Knowledge

1. Leave No Trace is
   a. A way to copy artwork without making lines
   b. A way to use trails without impacting the environment
   c. A way to use trails and keep others off

2. Wearing a helmet while riding will
   a. Make your head hot
   b. Shade your eyes
   c. Help protect your head

3. When you ride a horse you should wear
   a. A helmet, long pants, and close toe shoes with a good heel
   b. Sunglasses, shorts, and flip flops
   c. Bracelets, long pants, and flip flops

4. At Mammoth Cave National Park you can
   a. Ride your horse in the caves
   b. Ride your horse
   c. Only hike

5. The Sheltowee Trace trail is named for
   a. Danielle Davis
   b. Daniel Boyd
   c. Daniel Boone

6. Land Between the Lakes is
   a. A manmade peninsula
   b. A natural peninsula
   c. An island

Unscramble These KY State Parks that Offer Guided Trail Rides

YK ADM ILGVLAEL__ __________ _________
KLEA UBRACMELN_________ _____________
YTUCKNEK SEHOR KPRA__________ __________
RRBEAN VRIE AEKL_________ _____________
MRADUBLNCE ALSFL_______________ __________
RECTRA VSCEA_______________ ___________

BARREN RIVER LAKE
CARTER CAVES
CUMBERLAND FALLS
KY DAM VILLAGE
LAKE CUMBERLAND
KENTUCKY HORSE PARK

Sheltowee is a Native American word that means “big turtle”.

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Find the Hidden Trail Ride Destinations

BARREN FORK
CARTER CAVES
DALE HOLLOW LAKE
GREEN RIVER LAKE
GREENBO LAKE
MAMMOTH CAVE
TAYLORSVILLE LAKE
WHITE SULPHUR
WRANGLERS

Complete the Seven Leave No Trace PEAK Ethics

• ___ ___ ___ Before You ___
• Choose The ___ ___ ___ ___ ___ ___
• ___ ___ ___ Your ___ ___ ___
• ___ ___ ___ What You ___ ___ ___
• Be Careful With ___ ___ ___
• ___ ___ ___ ___ ___ Wildlife
• Be ___ ___ ___ To ___ ___ ___ Visitors

"Treat the earth well: it was not given to you by your parents, it was loaned to you by your children. We do not inherit the Earth from our Ancestors, we borrow it from our Children." – Native American Saying

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