SELF-ASSESSMENT QUIZ 11-4

HOW IMPORTANT DO I MAKE PEOPLE FEEL?

Directions: Indicate on a one-to-five scale how frequently you act (or would act if the situation presented itself) in the ways indicated below: very infrequently (VI); infrequently (I); sometimes (S); frequently (F); very frequently (VF). Circle the number underneath the column that best fits your answer.

1. I do my best to correctly pronounce a coworker's name. 1 2 3 4 5
2. I avoid letting other people's egos get too big. 5 4 3 2 1
3. I brag to others about the accomplishments of my coworkers. 1 2 3 4 5
4. I recognize the birthdays of friends in a tangible way. 1 2 3 4 5
5. It makes me anxious to listen to others brag about their accomplishments. 5 4 3 2 1
6. After hearing that a friend has done something outstanding, I shake his or her hand. 1 2 3 4 5
7. If a friend or coworker recently received a degree or certificate, I would offer my congratulations. 1 2 3 4 5
8. If a friend or coworker finished second in a contest, I would inquire why he or she did not finish first. 5 4 3 2 1
9. If a coworker showed me how to do something, I would compliment that person's skill. 1 2 3 4 5
10. When a coworker starts bragging about a family member's accomplishments, I do not respond. 5 4 3 2 1

Total Score

Scoring and Interpretation: Total the numbers corresponding to your answers. Scoring 40 to 50 points suggests that you typically make people feel important; 16 to 29 points suggests that you have a moderate tendency toward making others feel important; 10 to 15 points suggests that you need to develop skill in making others feel important. Study this chapter carefully.